

COSTA RICA COSTA RICA

BOOK NOW

AYAHUASCA CEREMONIES

Choose from a range of healing ceremonies

TRANSFORMATIONAL RETREATS

1st - 8th March 2024

ALL FOOD & ACCOMMODATION

Nurturing food in a dream destination

YOUR INVITATION

Set in the beautiful surroundings of Casa Guacamayo in Montezuma, Costa Rica this 8-day retreat will enable you to connect deeply with the spirit of Ayahuasca.

Working alongside Moises, a Peruvian curandero, Andreas, Sharon & Helen invite you to join them for this magical experience. As well as working with the natural healing power of Ayahuasca the team will bring in Kambo, transformational Breathwork, Shamanic dreaming, Sound healing, Yin Yoga and Visionary painting.

This fantastic opportunity is perfect if you wish to heal deep wounds, transform your understanding of who and what you are, connect on a profound level to the wonders of the natural world and expand your awareness and perception of the universal force that created us.

During the 8 days, you will be provided with accommodation, nourishing local food, transport to the beach, airport pick-ups/drop-offs as well as a variety of transformational ceremonies and workshops.

📞 Sharon - 07919 203 061

Helen - 07900 082 080

Andreas - 07498 856 375



ITINERARY

- Intakes to all of the participants
- Tobacco cleansing
- Yin Yoga
- Kambo
- 3 Ayahuasca ceremonies
- Rape Circle
- · Sound Healing Transformational breathwork session.
- Integration circle and coaching
- Visionary painting exhibition
- · Working with a Shamanic Practitioner
- Beach Trip

All food & accommodation included

Price £2222.00 Non-Refundable Deposit to book £222.00

(£1000 paid by 31st Oct, £1000 to be paid 31st Dec)

**Flights not included



Costa Rica

